Habit # 1 : Be Proactive!

(If You’re Happy and you know it…)

I CAN Choose!

I will be proactive every day!

I can choose to be happy when I play!

If it is to be it is up to me!

I will be proactive every day!

Habit # 2 : Begin With the

End in Mind!

(One little, two little, three little Indians)

Have a Plan!

Begin with the end in mind

Set a goal, have a plan.

Decide what you want to be,

In a year or two or three.

Habit # 3:

Put First Things First!

(Row, Row, Row Your Boat)

Work first,

then play!

If you put first things first

And don’t procrastinate,

Work first, then play,

Your life will turn out great!

Habit # 4 : Think Win-Win!

(There’s a Hole in my Bucket)

Everyone Can Win!

If there is a problem, try win-win, and begin,

Think what can I do to help you be happy?

By working together with win-win we begin

To find a way ev’ryone can win!

Habit # 5 : Seek First to

understand, Then to be Understood!

(Go Tell Aunt Rhody)

Listen Before You Talk!

Listen before you talk,

That is the place to start.

If you want to understand,

Listen with your heart.

Habit # 6 : Synergize

(Jack and Jill)

Together

is Better!

Work together as a team

In school or with your fam’ly.

Synergize and you will find

Together makes it easy!

Habit # 7: Sharpen the Saw

(When you’re helping you’re happy)

Balance Feels Best

To be healthy and happy, here’s where you start--

Balance your body, soul, mind and heart.

If you feel out of sorts, and don’t know what to do,

“Sharpen the saw” and take time to renew.